

Three Coronavirus infection prevention recipes and one treatment
recipe recommend by CCTV-4 on March 7, 2020
(China Central TV - International Channel 4)

CCTV-4
《中华医药 抗击疫情》
预防新冠肺炎的药方之一
流行期间普通人群的预防

预防处方一

【适用人群】 流行期间普通人群的预防

【药材】 麦冬 3g、桑叶 3g、菊花 3g、陈皮 2g

【服法】 代茶饮

Prevention recipe No.1 for normal public during epidemic

麦冬(Ophiopogon japonicus) 3g

桑叶(mulberry leaf) 3g

菊花(Chrysanthemum) 3 g

陈皮(Citri Reticulatae Pericarpium/Tangerine peel) 2g

[Note: The English names for the herbs are for reference only, for actual selection, please consult with an experienced traditional Chinese medicine doctor!]

Add boiling water forming an alternative tea to drink.

CCTV-4
《中华医药 抗击疫情》
预防新冠肺炎的药方之二
适合伴有咽喉不适，大便干燥的普通人

预防处方二

【适用人群】 流行期间普通人群，尤其适合伴咽喉不适，大便偏干者。

【药材】 金莲花 2 朵、麦冬 5 粒、青果 2 粒(打碎)、白菊花 2 朵。

【服法】 代茶饮

Prevention recipe No.2 for people during the epidemic with uncomfortable throat and dry stool.

金莲花(Trollius/Chinese Globeflower) 2 flowers

麦冬(Ophiopogon japonicus) 5 particles

青果(Canarii Fructus) 2 particles (fractured)

白菊花(white chrysanthemum) 2 flowers

[Note: The English names for the herbs are for reference only, for actual selection, please consult with an experienced traditional Chinese medicine doctor!]

Add boiling water forming an alternative tea to drink.

CCTV-4
《中华医药 抗击疫情》
预防新冠肺炎的药方之三
适合于患者密切接触者
或慢性基础病患者
预防处方三

【适用人群】 流行期间与新型冠状病毒肺炎患者密切接触或慢性基础病患者的预防。

【药材】 生黄芪 9g、北沙参 9g、知母 9g、金莲花 5g、连翘 9g、苍术 9g、桔梗 6g。

【服法】 以水煎服

Prevention recipe No.3 for people during the epidemic who had close contact with coronavirus infected patients or who have basic chronic disease.

生黄芪(Astragalus root /Astragali Radix Milkvetch Root) 9g

北沙参(coastal glehnia root) 9 g

知母(common anemarrhena rhizome/Anemarrhena) 9g

金莲花(Trollius/Chinese Globeflower) 5g

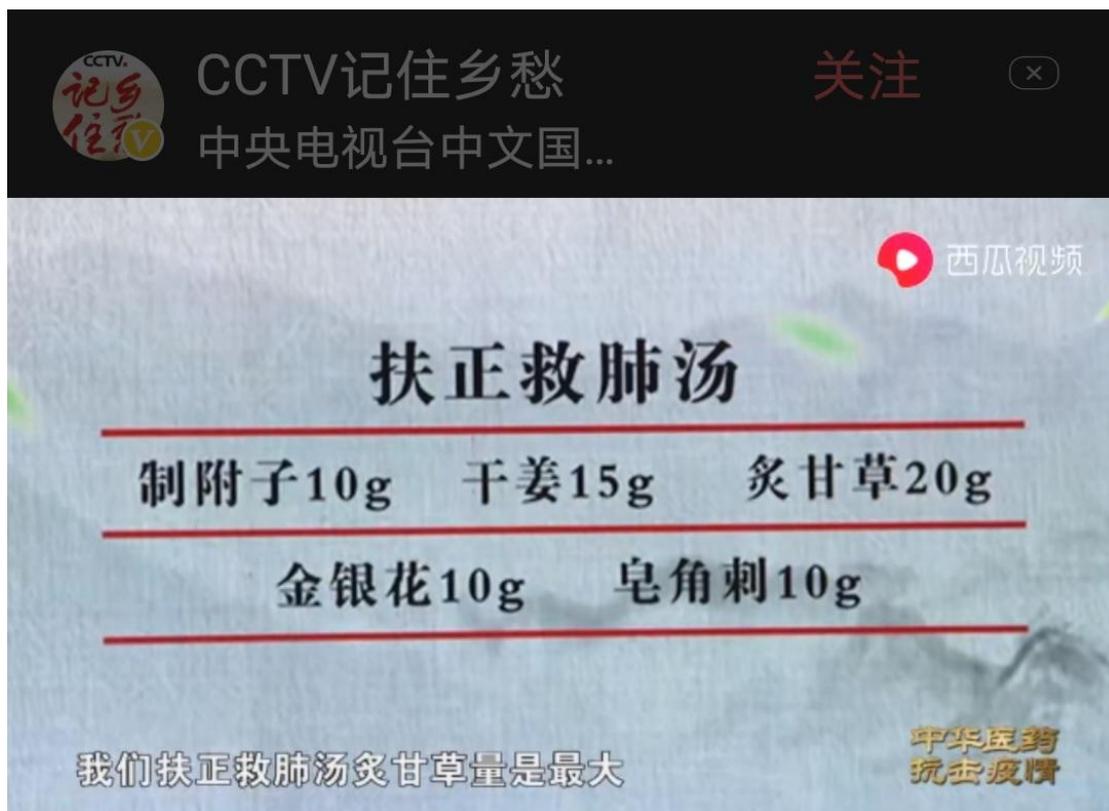
连翘(Forsythia suspensa/Forsythiae Fructus) 9g

苍术(Atractylodes macrocephala/Atractylodis Rhizoma) 9g

桔梗(Platycodon grandiflorum/Platycodonis Radix) 6g

[Note: The English names for the herbs are for reference only, for actual selection, please consult with an experienced traditional Chinese medicine doctor!]

Boil in water forming a decoction to drink.



Coronavirus infected patients treatment recipe: Fuzheng Jiufei Decoction (扶正救肺汤=Rightening Lung Save Decoction)

制附子(processed from Aconitum carmichaeli Debx) 10g

干姜(dried ginger) 10g

炙甘草(Radix Glycyrrhizae Preparata) 20g

金银花(honeysuckle/Flos Lonicerae) 10g

皂角刺(Zanthoxylum/Chinese honeylocust spine spina gleditsiae) 10g

[Note: The English names for the herbs are for reference only, for actual selection, please consult with an experienced traditional Chinese medicine doctor!]

Boil in water forming a decoction to drink.

Attachment:

With a traditional Chinese medicine each dose only 20 Yuan (USD2.82/dose) enabled Xiannin reach leading position of two treatment parameters in the Hubei province!, March 10, 2020

每剂 20 元的中药，让咸宁两大疗效指标名列湖北前茅！，2020 年 3 月 10 日

Source of information: People's Health Forum, Wechat

The Xiannin county of Hubei province had 836 confirmed coronavirus infected patients, 808 got treated by March 9, cure rate reaching 96.7%, achieving best results among all counties with large number of patients in Hubei province. With only 14

deaths, achieved the second best results among all counties with large number of patients in Hubei province.

The above success was achieved by a recipe Fei Du Qing (肺毒清=Lung Virus Clear) formulated by Dr. Wang Wei-wu, PhD.

This recipe Fei Du Qing (肺毒清=Lung Virus Clear) can be used for prevention, as well as for treatment, has good effect for treatment of viral pneumonia, the dose is formulated by 12 kinds of traditional Chinese herbal medicine as follows:

防风 (Divaricate Saposhniovia Root) 10g
炒白术 (Stir fried Atractylodes macrocephala) 10g
鱼腥草 (Houttuynia cordata Thunb) 10g
赤芍 (Radix Paeoniae Rubra) 10g
柴胡 (Chinese Thorowax Root/Bupleuri Radix) 10g
桔梗 (Platycodon grandiflorum/Platycodonis Radix) 5g
浙贝母 (Fritillaria acuminata/Bulb of Thunberg Fritillary) 10g
冬桑叶 (Winter mulberry leaf/) 10g
川桂枝 (Ramulus Cinnamomi/Incised Notopterygium) 10g
炒白芍 (Stir fried White Paeony Root) 10g
板蓝根 (Radix Isatidis/Indigowoad Root) 10g
生甘草 (Glycyrrhiza uralensis) 6g

[Note: The English names for the herbs are for reference only, for actual selection, please consult with an experienced traditional Chinese medicine doctor!]

The above recipe is processed into a decoction, given to patients as an alternative to tea.

The role of the respected herbs is explained as follows:

Divaricate Saposhniovia Root, Stir fried Atractylodes macrocephala can enhance immunity and resist external evils; Houttuynia cordata Thunb, Platycodon grandiflorum / Platycodonis Radix, and Fritillaria acuminata / Bulb of Thunberg Fritillary, Winter mulberry leaf, Radix Isatidis / Indigowoad Root play antiviral and symptomatic treatment of cough; Chinese Thorowax Root / Bupleuri Radix, Radix Paeoniae Rubra), etc. to adjust immunity and regulate body temperature by relieving liver and promoting blood circulation; Ramulus Cinnamomi / Incised Notopterygium and Stir fried White Paeony Root reconcile Qixueyingwei; Glycyrrhiza uralensis cough and regulate immunity force, reconcile various medicines, so as to play a comprehensive conditioning role.